## Prairie Hill Memory Care Activities – February 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
YOUROCK	Sweet	xoxo	Love	HUGS
Morning walk the halls 2 2:30 Movie Matinee 6:30 Movie Night HARPY GROUNDHOG DAL	Morning: <b>3</b> Bingo! Dart games Afternoon: Music & Singing Group 3:30 Bible Study with Pastor Jerry David in the sunroom	4 Morning: Games 10:00 Coffee with friends Afternoon: Exercise & Hydration on 2nd floor Bingo 2nd floor	Morning: 5 Valentine's Day Cards for Veterans, friends & family Afternoon: Bingo! Nail Care & Manicures	Morning: 6 Nail Care & Manicures Ecumen Wellness Exercise & Hydration Afternoon: 2:45 Church - 2nd floor 3:15 Hymn Singing - 2nd floor
Morning walk 9 the halls 2:30 Movie Matinee 6:30 Movie Night Superbowl is on TV (Chiefs v Eagles)	10 Morning: Stretching & Sing Along Room Visits Afternoon: Bingo! Music & Singing Group	Morning: 11 Games 10:00 Coffee with friends Afternoon: Exercise & Hydration 2nd floor Bingo 2nd floor	12 Morning: Ecumen Wellness Exercise & Hydration Room Visits Afternoon: Games Bingo!	13 Morning: Nail Care & Manicures Exercise Afternoon: 2:45 Church - 2nd floor 3:15 Hymn Singing - 2nd floor
16 Morning walk the halls 2:30 Movie Matinee 6:30 Movie Night	17 Morning: Bingo! Exercise Afternoon: Music & Singing Group 3:30 Bible Study with Pastor Jerry David in the sunroom	18 Morning: Games 10:00 Coffee with friends Afternoon: Exercise & Hydration 2nd floor Bingo 2nd floor	19 Morning: Ecumen Wellness Exercise & Hydration Room Visits Afternoon: Worship Bingo!	20 Morning: Nail Care & Manicures Ice Fishing Afternoon: 2:45 Church - 2nd floor 3:15 Hymn Singing - 2nd floor
23 Morning walk the halls 2:30 Movie Matinee 6:30 Movie Night	Morning: Letters to an Elder Room Visits Afternoon: Bingo! Music & Singing Group Ice Fishing	Morning: 25 Games 25 10:00 Coffee with friends Afternoon: Exercise& Hydration 2nd floor Bingo 2nd floor	Morning: 26 Ecumen Wellness Exercise & Hydration Room Visits Afternoon: Games Bingo! Ntl. Letters to an Elder Day	27 Morning: Nail Care & Manicures Room Visits Afternoon: 2:45 Church - 2nd floor 3:15 Hymn Singing - 2nd floor

Activities are subject to change at any time

## FRIDAY



7 Morning: 10:30 Catholic Communion in the sunroom Bingo 2nd floor

> Afternoon: 2:00 Happy Hour! Small Group Visits

Morning: **14** 10:00 Veteran's Coffee with the Legion

Afterno<mark>on:</mark> 2:00 Valentine's Day Happy Hour Room visits

Happy Valentine's Day!

Morning: 21 Visits & bingo on 2nd floor

Afternoon: 2:00 February Birthday Party Room Vis<mark>its</mark>

> Morning: Room Visits Bingo 2nd floor

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Afternoon: 2:00 Happy Hour Games

## SATURDAY

Morning walk the halls

2:30 Movie Matinee

6:30 Movie Night

Morning walk the halls

2:30 Movie Matinee

6:30 Movie Night

Morning walk the halls



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2:30 Movie Matinee

6:30 Movie Night

Morning walk 22

2:30 Movie Matinee

6:30 M<mark>ovi</mark>e Night